



THE SUNRISE STUDY-KENYA

Data Collectors Training at ARC Hotel, Egerton University, Njoro, 16-17, January 2023

Programme

| Time | Activity | Responsible Persons |
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| Day 1 Monday 16th January 2023 | | |
| 8:00-8:30 am | Arrival and Registration | Secretariat (Jinaro/Maryam) |
| 8:30-8:40 am | Welcome and introductions | Dr. Festus Kiplamai, Kenyatta University, Kenya |
| 8:40-8.50 am | Overview of the SUNRISE pilot study- Nakuru county | Dr. Maureen Cheserek, Egerton University, Kenya |
| 8.50-9.00 am | Research partnership- NGOs & Universities) | Mr. Moses Oluchiri Amonje, Wellness for Greatness, Kenya |
| 9.00-9.30 am | Courtesy meeting with the Vice Chancellor, Egerton University, Prof. Isaac Kibwage | Prof. Nancy Mungai, Director, Research and Extension, Egerton University |
| | Official Opening of the workshop | |
| 9.30-9:45 am | Overview of The SUNRISE study | Distinguished Professor Anthony Okely, University of Wollongong, Australia |
| 9:45-10.00 am | Background of the study, Roles and Responsibilities of data collectors | |
| 10:00-10:15 am | Parent information sheets and consent forms | |
| 10:15-11:00 am | Assessment of 24-hour movement behaviours (physical activities, sedentary time, sleep) using accelerometry | |
| 11:00- 11:30 am Break and Group photo | | |
| 11:30-12:15 pm | Motor skills | Distinguished Professor Anthony Okely, University of Wollongong, Australia |
| 12:15-12:45 pm | Height and Weight | |
| 12:45-13:30 pm | Executive Functions (working memory and inhibition) | |
| 13:30-14:15 pm Lunch | | |
| 14:15-15:15 pm | Parent/Caregiver Questionnaire | Dr Nyaradzai Munambah, University of Zimbabwe, Zimbabwe |
| 15:15-15:30 pm | Centre Information Questionnaire | |
| 15:30-15:45 pm | Focus Groups | |
| 15:45 -16:00 pm Break | | |



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| 16:00-17:00 pm | Data entry, checking and sending data to coordinating centre | Distinguished Professor Anthony Okely, University of Wollongong, Australia |
| Rapporteur and Logistics, Ms. Susan Kiprono, Egerton University | | |
| DAY 2 Tuesday 17th January 2023 | | |
| 9:00-12:00 pm | Visit to Kilimo Teaching ECD, Egerton University – data collectors to practice all assessments with children, parents and staff | Mr. Lesuuda Lmeriae Ms. Sharon Kemboi Mr. Dominic Kiprotich Teacher Rose-Ann Akeyo |
| 12:00-13:00 pm Lunch | | |
| 13:00-15:00 pm | Debrief, practising entering and uploading of data, reliability checks and assessor testing | |
| 15.00-15.15 pm | Official closing of the workshop | Prof. Paul Kimurto, Director, Marketing and Resource Mobilization, Egerton University |
| Tea and Departure | | |